

Peer-Reviewed Open Access JOURNAL OF DIAGNOSTIC IMAGING IN THERAPY

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Research Article

An *in vivo* Positron Emission Tomography Study of Adenosine 2A Receptor Occupancy by Preladenant using ¹¹C-SCH442416 in Healthy Subjects

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Abstract:

Background: This PET study was conducted to investigate the receptor occupancy of ¹¹C-SCH442416 in the human brain and to determine plasma concentrations and dose of preladenant which result in inhibition of ¹¹C-SCH442416 binding to adenosine 2A receptors. Preladenant is a

novel non-dopaminergic, high-affinity, and highly selective A_{2A} receptor antagonist being investigated for the management of Parkinson's disease.

Methods: This was an open-label, single-center, and pharmacokinetic-pharmacodynamic study performed in 18 healthy subjects. All subjects received an intravenous injection of the radiotracer ¹¹C-SCH442416. Thirteen subjects received a single dose of preladenant 10, 50 or 200 mg orally at 1, 6 or 12 hrs prior to radiotracer injection.

Results: A blockade of >80% was reached after 50-200 mg doses of preladenant. The Emax model that predicted plasma concentrations corresponding to 50%, 80%, and 90% receptor occupancy was validated. A 5 mg dose, administered BID, was estimated to provide \geq 50% receptor occupancy in approximately 75% of the population for the majority of waking hours (12 hours/day).

Conclusions: Single doses of preladenant were well-tolerated. The Cmax and AUC values of preladenant increased in a dose-related manner. In this study we demonstrated the importance of PET imaging for establishing PK-PD relationships and utilizing this tool in confirming proof-of-target and dose guidance for Phase 2/3 clinical trials.

Keywords: ¹¹C-SCH442416; adenosine A_{2A} receptor; PET; spectral analysis

1. Introduction

Parkinson's disease (PD) is an age-related, progressive neurodegenerative disease characterized by abnormal gait and posture, resting tremor, loss of balance, bradykinesia, and muscular rigidity. Comorbid alterations in mood [1] and cognition [2] are frequently in evidence in PD patients. In the US and Western Europe, approximately 100,000 to 150,000 new cases of PD are diagnosed each year. The disease typically begins to manifest in individuals between 50 and 60 years of age, although onset at younger ages occurs. Current prevalence of PD is estimated at 1.5 million cases in the US and Europe, with the number of incident cases increasing rapidly as the population ages.

The pathology of PD is characterized by a progressive degeneration of the pigmented neurons in the substantia nigra and the presence of intracytoplasmic inclusions known as Lewy bodies. The selective loss of the nigro-striatal dopaminergic pathway and consequent reduction in dopamine levels of the striatum is responsible for the limb bradykinesia and rigidity associated with the disease. The specific etiology of the disease, however, is multifactorial and a number of susceptibility genes and monogenic causes are now known. Manifestation of symptoms is likely to involve a combination of genetic vulnerability, accelerated aging and epigenetic stimuli such as oxidative stress, mitochondrial dysfunction, and excitotoxicity, which ultimately cause specific deterioration of the nigro-striatal dopaminergic pathway.

A potential approach to the treatment of PD is the use of adenosine receptor antagonists. Preladenant is a novel non-dopaminergic, non-methylxanthine, high-affinity (K_i = 1.1 nM), and highly selective (>1000-fold versus A₁, A_{2B}, and A₃ receptors) A_{2A} receptor antagonist being investigated for

the management of movement disorders, including idiopathic Parkinson's disease. The purine nucleotide adenosine is a ubiquitous modulator of neuronal function in the central and peripheral nervous systems. Adenosine has been shown to exert its biological action through a class of G-protein coupled receptors of which four subtypes have been cloned to date: A_1 , A_{2A} , A_{2B} , and A_3 [3]. Of these, the A_{2A} [4] receptor is highly concentrated in discrete brain nuclei of the basal ganglia (e.g., caudate nucleus, globus pallidus, nucleus accumbens, and olfactory tubercles) [5,6]. Within the striatum A_{2A} receptors are predominantly localized to the GABAergic striatopallidal enkephalin-expressing neurons, where they are co-localized with dopamine D₂ receptors, and to intrastriatal GABAergic recurrent collaterals [7,8].

Blockade of A_{2A} receptors on both of these GABAergic neuronal pathways reduces indirect striato-pallidal output neuron activity, thereby compensating for the overactivity of these cells due to dopamine deficiency in PD [9]. The net result is reduced inhibition of neuronal activity in the thalamus (GABAergic) and the thalamo-cortical (glutamatergic) feedback loop [10,11]. These manifests as a suppression of inappropriate motor behaviors characteristic of PD: bradykinesia and akinesia.

Numerous functional studies support the hypothesis that blockade of striatal A_{2A} receptors may provide relief of PD symptoms. A_{2A} antagonists have been shown to activate dopaminergic pathways and to reverse motor impairment in rodent models of PD [12-14]. In nonhuman primates with basal ganglia lesions, A_{2A} receptor antagonists significantly improve motor function without causing dyskinesia [15-17]. Moreover, since the consequence of A_{2A} blockade does not depend on an intact nigro-striatal dopaminergic pathway, it is anticipated that this strategy may provide an opportunity to significantly delay the onset of dopaminergic therapy.

¹¹C-SCH442416, the radiotracer being used in this PET study, is a potent, high affinity (K_i =0.048 nM) that is selective for the A_{2A} receptor. It has greater than 20,000 fold selectivity for A_{2A} over A_1 , A_{2B} , and A_3 receptors. It has been previously shown that this radiotracer exhibits robust specific binding and signal-to-noise ratios and is not significantly metabolised in the brain of nonhuman primates [18-20]. It is anticipated that data from this study will confirm that preladenant induces behavioral changes associated with its occupancy of A_{2A} receptors.

The objectives of the present open-label, single-center, pharmacokinetic (PK)/pharmacodynamic (PD), and adaptive study were to investigate the receptor occupancy of ¹¹C-SCH442416 in the human brain and to determine the plasma concentration and dose of preladenant which results in inhibition of ¹¹C-SCH442416 binding to A_{2A} receptors.

2. Materials and Methods

2.1. Study design and subjects

This was an open-label, single-center, single-dose, PK/PD, and adaptive design PET study performed in 18 healthy male subjects between the ages of 25 and 50 years (mean= 32.5 ± 7.7 years), body weight between 62.8 kg and 103.3 kg (mean = 79.52 ± 11.84 kg), and Body Mass Index ranging from 19.2 to 29.0 kg/m² (mean = 24.66 ± 2.81 kg/m²) were enrolled into and completed this study.

Inclusion and exclusion criteria were chosen to ensure that a well-defined healthy subject population was included in the study. This included detailed medical history and complete physical examination, laboratory test results within normal range, normal vital signs, and normal or clinically acceptable 12-lead electrocardiogram (ECG). Exclusion criteria included any history or presence of clinically significant local or systemic infectious disease within 4 weeks prior to study drug administration, any significant medical disorder which would have required a physician's care, any history of seizures or autoimmune disorders, any history of mental instability; blood donation within 3 months before administration; history or presence of drug abuse; smoking more than 10 cigarettes or equivalent /day; subjects who have received radiation exposure (including x-rays) within 12 calendar months prior to the study; subjects with significant anatomical abnormalities noted on the MRI of the brain or any condition which would preclude MRI examination (e.g., implanted metal, severe claustrophobia); individuals who had evidence of only one patent arterial supply to the hand (Allen Test).

An initial cohort of five subjects (Baseline Cohort 1) was administered ¹¹C-SCH442416 with the injected activity ranged from 349 to 381 MBq. Data for one subject could not be used because of an acquisition failure during the PET scan; thus data for four subjects were used as baseline [21]. The next cohort of two subjects (Cohort 2) received preladenant 200 mg orally under fasting conditions 12 hours before the administration of ¹¹C-SCH442416. The following cohort of three subjects (Cohort 3) received preladenant 200 mg 1 hour before the administration of ¹¹C-SCH442416. The next three cohorts, Cohorts 4, 5, and 6, with two subjects each, received preladenant 200 mg, 50 mg, and 10 mg, respectively, all at 6 hours before the administration of ¹¹C-SCH442416. Two subjects were included in Cohort 7; both received preladenant 10 mg, one at 1 hour before the administration of ¹¹C-SCH442416. The PET scan for 1 subject given 200 mg treatment in Cohort 3 was not performed because radiotracer specific activity was below specification. Therefore, PET analysis included 16 subjects (4 baseline subjects with radiotracer alone and 12 subjects treated with various doses of preladenant). Because of estimated radiation exposures, subjects were dosed only once with ¹¹C-SCH442416.

The first dose level was 200 mg or the maximum tolerated dose from the single rising dose study and was chosen to set an upper limit on receptor occupancy. Each of the subsequent lower doses (50 and 10 mg) in the progressive decrease was administered at 1, 6 or 12 hours prior to ¹¹C-SCH442416 PET after the receptor occupancy data of the previously administered higher dose were evaluated. The decision to progress to lower dose levels at different scanning times was determined by review of the PET images and time-activity curves of ¹¹C-SCH442416 activity in the putamen, caudate, thalamus and cerebellum.

Blood PK samples for preladenant plasma concentration assessment were collected pre dose (0 hour), 0.25, 0.5, 0.75, 1, 1.25, 1.5, 2, 3, 4, 5, 6, 8, 10, 12, 18, and 24 hours after dosing of preladenant. Additionally, samples were drawn immediately before the PET scan and at the end of the 90-minute PET study. This information was used to characterize the effect of preladenant on the receptor occupancy profile at 1, 6, or 12 hours post dose. Plasma samples were analyzed using a validated liquid chromatographic method with tandem mass spectrometric detection.

This study was conducted in accordance with the Declaration of Helsinki Principles, ICH guidelines for Good Clinical Practice and after approval was obtained from the Research Ethics Committees at Central Middlesex and Hammersmith Hospitals, London; and the U.K. Administration of Radioactive Substances Advisory Committee. All subjects signed and dated an IEC-approved consent form before being enrolled into the study. All subjects were covered by Health Insurance System and/or in compliance with the recommendations of National Law in force relating to biomedical research.

2.2. PET/MRI scanning protocol

All PET scans were performed on the high-sensitivity Siemens/CTI scanner ECAT EXACT3D with an axial field of view of 23.4 cm and 95 reconstructed transaxial image planes [22]. A 5-minute transmission scan using a ¹³⁷Cs point source was carried out prior to each study for subsequent attenuation and scatter correction. The 95-minute three-dimensional dynamic emission scan was acquired in list mode. In the post acquisition frame rebinning, 28 time frames of increasing length were generated (30-second background frame prior to the injection, one 15-second frame, one 5-second frame, four 10-second frames, four 60-second frames, and seventeen 300-second frames). The PET images were reconstructed using filtered back projection based on the following set of parameters: scatter correction was model based; attenuation correction was measured and segmented; reconstruction machine was SUN CPU with a zoom 2.5; spatial resolution of reconstructed images was 5.1 mm x 5.9 mm; and reconstructed voxel size was 2.10 mm x 2.10 mm x 2.43 mm.

The radiotracer ¹¹C-SCH442416 synthesis was described previously [19] and was injected into an antecubital vein as a smooth bolus over 30 seconds. The mean injected radioactivity dose of ¹¹C-SCH442416 was 362±9 MBq, radiochemical purity of the injected radiotracer at time dispense was > 99%, injected mass of SCH442416 was $2.54\pm1.1 \mu g$, and specific activity at time of injection was 66.6±31.0 MBq/nmol. The estimated volume for injected radiotracer was 1.91 ± 0.78 mL, and pH of the injected solution was 5.62 ± 0.42 .

After i.v. injection of ¹¹C-SCH442416, the radioactivity in blood was measured using a continuous on-line radioactivity detector system [23]. Discrete arterial blood samples were withdrawn before the PET scan (baseline sample) and throughout the PET scans via a cannula inserted into the opposite arm to which the radiotracer was administered. The withdrawal times were to be 5, 10, 15, 20, 30, 40, 50, 60, 75, and 95 minutes post ¹¹C-SCH442416 injection for the first three scans. Beginning with the fourth scan, this sampling schedule was subsequently revised to more frequent sampling at the beginning due to the fast kinetics of ¹¹C-SCH442416.

For each subject, brain MRIs were acquired with T_1 weighted RF spoiled gradient echo volume scans on a 1 Tesla Philips Medical Systems HPQ+ Scanner. The echo time T_E was 6 ms, the repetition time T_R was 21 ms, the flip angle was 35°, yielding an image resolution of 1.6 mm x 1.6 mm x 1.0 mm (AP, LR, and HF, respectively).

A set of 49 volumes of interest (VOI), which included the cerebellum, was defined with the help of a probabilistic brain atlas template [24].

The standard MRI on which the VOI template had been defined was normalized to the individual MRI using the SPM99 software package (Statistical Parametric Mapping, Wellcome Department of

Cognitive Neurology, London, United Kingdom). The calculated image transformation parameters were then applied to transform the VOI template, resulting in a map of VOIs of the subject's individual MRI space. The individual MRI was then coregistered to the PET image summed from 1 to 30 minutes after tracer injection using an automated multiresolution optimization procedure [25]. On the individual MRI, the following six ROIs were defined manually: left and right putamen, left and right caudate, and left and right thalamus. The cerebellum was defined with the help of a probabilistic brain atlas template [24]. For the manual drawing of the ROIs as well as for the generation of the TACs, the medical imaging software package ANALYZE [26,27] was used.

2.3. Primary endpoint and statistical methods

2.3.1. Quantification of radiotracer binding and receptor occupancy

Spectral analysis was used to estimate the regional binding potentials and receptor occupancies. The use of spectral analysis for the quantification of dynamic PET studies was introduced by Cunningham and Jones [28]. In contrast to compartmental modeling, spectral analysis does not define a certain structure of compartments. Spectral analysis is used in PET for the quantification of cerebral glucose metabolism in ¹⁸F-FDG studies, for the quantification of cerebral blood flow in scans with ¹⁵O-water and for the quantification of neuroreceptor binding, e.g. in studies with the opiate receptor radiotracer ¹¹C-diprenorphine [28]. For a general discussion of the applicability of spectral analysis see the work of Schmidt [29]. For the analysis of the dynamic PET scans with ¹¹C-SCH442416, spectral analysis was used because of its ability to separate three components of the tissue response function: irreversible components = slow nondisplaceable uptake, reversible components = fast nonspecific and specific (displaceable) binding, and fast components = plasma volume. Only the specific binding in blocked scans (reversible components) turned out to be displaceable by the blocking drug. The irreversible uptake did not seem to be affected by the blocker. BP estimates were calculated as VD_{target}/VD_{reference} - 1, VD_{target} being the volume of distribution of the reversible components in the target region and VD_{reference} the volume of distribution of the reversible nonspecific binding in the cerebellum.

The mean OCC of a region for each subject was calculated as:

$$OCC = \left[1 - \frac{BP_{Blocked}}{BP_{Baseline}}\right] \times 100\%,$$

with BP blocked as the binding potential of the subject after administration of blocking compound preladenant, and BP baseline as the mean baseline binding potential in that region.

2.3.2. Pharmacokinetic analysis

Individual plasma concentration-time data were analyzed using model-independent methods [30]. The maximum concentration (Cmax, ng/mL), time of maximum concentration (Tmax, hr), and the time of final quantifiable sample (tf, hr) were the observed values. The area under the plasma concentration-time curve from time 0 to tf (AUC [tf], ng·hr/mL) was calculated using the linear trapezoidal method. The terminal phase rate constant (K, hr⁻¹) was calculated as the negative of the slope of the terminal log-linear portion of the plasma concentration-time curve using linear regression. The area under the plasma concentration-time 0 to infinity (AUC [I], ng·hr/mL) was calculated as follows:

$$AUC(I) = AUC (tf) + \frac{Cest}{K}$$

where Cest is the estimated plasma concentration at tf.

The apparent terminal-phase half-life (t¹/2, hr) was calculated as follows:

$$t^{1/2} = \frac{\ln(2)}{K}$$

These data are listed in **Table 2** and **Table 3**. PK results were summarized using geometric mean and coefficient of variation for each dose level. Preladenant plasma concentration values were used for PK-PD analyses.

2.3.3. Pharmacokinetic-pharmacodynamic (PK-PD) analysis

Receptor occupancy data from the putamen region of the brain were selected for PK-PD model development due to the high binding potential for A_{2A} receptors and less variation between the unilateral (left and right regional) occupancy values of preladenant in this region of interest (ROI), which is involved in pathophysiology of Parkinson's disease. Relationship between plasma preladenant concentrations obtained at the start of PET image acquisition and the receptor occupancy in the specific ROI (i.e., putamen) was graphically explored. An Emax model[31] described below was selected to fit the PK-PD data.

$$\mathsf{E} = \frac{\mathsf{E}_{\max} \cdot \mathsf{C}}{\mathsf{EC}_{50} + \mathsf{C}}$$

where,

E=	Receptor occupancy (%)
C=	Plasma concentration (ng/mL) corresponding to the receptor occupancy E
Emax=	An asymptote representing the maximum receptor occupancy (%)
EC ₅₀ =	Plasma concentration (ng/mL) corresponding to 50% of Emax

(01)

Two additional parameters were derived to characterize various levels of receptor occupancy of preladenant:

- EC₈₀= Plasma concentration (ng/mL) corresponding to 80% of Emax. The EC₈₀ was calculated directly from eq.1 by substituting E=80% of Emax, and then solving for C.
 EC_{opt}= Plasma concentration (ng/mL) corresponding to optimal receptor occupancy.
- EC_{opt} = Plasma concentration (ng/mL) corresponding to optimal receptor occupancy. EC_{opt} was defined as the lowest observed plasma concentration that achieved the model estimated Emax (i.e., $\geq 85\%$ occupancy).

In order to obtain population estimates of the duration of receptor occupancy, the available plasma concentration data from five completed Phase 1 studies (n=130) were pooled. Descriptive statistics, such as the10th and 25th percentile, mean, and maximum plasma concentration values were calculated at each time point. Population estimates of receptor occupancy durations were estimated as explained by a specific case below. Following a single oral dose of 25 mg of preladenant, the time duration over which the 10th percentile plasma concentration remained greater than or comparable to the EC₅₀ value, was considered as the population estimate of time duration for 50% receptor occupancy of preladenant in 90% of population. In this manner, prelandenant receptor occupancy durations were determined following various doses and QD or BID regimens of preladenant in ~75% and ~90% of population.

3. Results and Discussion

3.1. Summed PET images and time activity curves

A total of 18 healthy subjects completed the study: 13 received oral preladenant before ¹¹C-SCH 442416 PET (Cohorts 2-6) while 5 had ¹¹C-SCH442416 PET alone (Cohort 1). The tracer injected activity ranged from 349 to 381 MBq. Data for one baseline subject were not usable because of an acquisition failure during the PET scan. The PET scan for one subject from the preladenant treatment group had to be canceled, because the radiotracer delivered was below specifications, and thus only 12 subjects were included in the blockade results (**Table 1**).

Subject No.	Brain	Binding Potential			Receptor Occupancy					
	side	Putamen	Caudate	Thalamus	Putamen	Caudate	Thalamus			
Baseline Cohort No. 1										
1	left	2.85	1.72	0.26						
	right	2.94	1.33	0.32						
2	left	2.52	2.21	0.91						
	right	3.82	2.95	1.57						
4	left	2.53	1.21	0.23						
	right	2.39	1.45	0.27						
5	left	1.12	0.98	0.44						
	right	1.54	0.86	0.24						
average	•	2.47	1.59	0.53						
SD		0.84	0.70	0.48						

Subject No.	Subject No. Brain Binding Potential		tial	Receptor Occupancy					
	side	Putamen	Caudate	Thalamus	Putamen	Caudate	Thalamus		
200 mg/12 hr Cohort No. 2									
6	left	1.05	0.74	0.22	57%	53%	58%		
	right	1.31	0.64	0.14	47%	60%	73%		
7	left	1.07	0.67	0.43	57%	58%	19%		
	right	0.94	0.60	0.42	62%	62%	21%		
average		1.09	0.66	0.30	56%	58%	43%		
SD		0.16	0.06	0.15	6.29	3.86	27.0		
		200 mg/1 h	r Cohort No	. 3					
8	left	0.16	-0.25	0.05	94%	116%	91%		
	right	0.28	0.00	0.16	89%	100%	69%		
9	left	0.38	0.10	0.38	84%	94%	27%		
	right	0.40	-0.18	0.23	84%	111%	56%		
average	•	0.30	-0.08	0.21	88%	105%	61%		
SD		0.11	0.16	0.14	4.79	10.0	26.7		
		200 mg/6 h	r Cohort No	. 4					
10	left	0.23	-0.12	0.03	91%	108%	95%		
	right	0.41	-0.14	0.18	83%	109%	66%		
11	left	0.69	0.35	0.48	72%	78%	9%		
	right	0.49	0.36	0.52	80%	77%	1%		
average		0.45	0.11	0.30	82%	93%	43%		
SD		0.19	0.28	0.24	7.85	17.9	45.3		
		50 mg/6 hr	Cohort No.	5					
12	left	0.33	-0.02	0.14	86%	101%	74%		
	right	0.23	-0.24	0.10	91%	115%	80%		
13	left	0.53	0.41	0.04	78%	74%	93%		
	right	0.51	0.40	0.08	79%	75%	85%		
average	•	0.40	0.14	0.09	84%	91%	83%		
SD		0.14	0.32	0.04	6.14	20.2	8.04		
		10 mg/6 hr	Cohort No.	6					
14	left	1.22	0.60	0.50	51%	63%	5%		
	right	0.83	1.22	0.18	66%	23%	67%		
15	left	1.14	0.81	0.79	54%	49%	-49%		
	right	1.47	0.78	0.78	40%	51%	-47%		
average		1.17	0.85	0.56	53%	47%	-6%		
SD		0.26	0.26	0.29	10.7	16.8	54.7		
		10 mg/1 hr	Cohort No.	7					
16	left	0.57	0.50	0.54	77%	69%	-1%		
	right	0.66	0.23	0.44	73%	86%	16%		
average	•	0.61	0.36	0.49	75%	78%	8%		
SD		0.06	0.19	0.07	2.83	12.0	12.0		
		10 mg/12 h	r Cohort No	.7					
17	left	2.03	1.73	0.34	18%	-9%	36%		
	right	1.97	0.98	0.50	20%	39%	6%		
average	•	2.00	1.36	0.42	19%	15%	21%		
SD		0.04	0.53	0.11	1.41	33.9	21.2		

Note: Subject No. 3 had equipment error during PET data acquisition, data can not be recovered. Subject No.12 had enlarged ventricles (right > left), which can explain the unusually high occupancy value for the right caudate. Shown average and standard deviation (SD) values.

Table 1. Individual PET Binding Potentials at Baseline, and Binding Potentials and Receptor Occupancies Following Oral Administration of Single 10, 50, or 200 mg Doses of Preladenant at 1, 6 and 12 hours Post Dose.

After intravenous (i.v.) bolus injection of ¹¹C-SCH 442416, the radioactivity appeared rapidly in all studied brain regions, peaking around 3 minutes after injection. A relatively fast reversible component of uptake was apparent in parallel with a slower and irreversible component over the time course of scanning. In target regions, only the reversible uptake component was reduced by pre-administrationt of the selective A_{2A} receptor antagonist preladenant. The cerebellum time activity curve (TAC) was unaffected by preladenant and was used as a reference region for the estimation of nonspecific tracer binding.



Transverse



Coronal



Sagittal



Figure 1a. On the left hand side the added PET images from approximately 1 to 30 minutes after intravenous bolus injection are shown. The color map of the PET images is of type rainbow, ranging from black = 0 kBq /cm³ to red (white) = $5.3 \text{ kBq} / \text{cm}^3$. On the right hand side the individual MR images are shown. They were co-registered and resliced to the PET image space and are coded in a linear grey scale. The images are displayed in transverse (axial), coronal and sagittal sections. Baseline PET/MRI scans and time activity curves (TACs) for putamen, caudate, thalamus and cerebellum are shown for 4 subjects. PET/MR images and TACs showed the highest activity concentrations in the A_{2A} receptor-rich striatum region.

On the left **Figure 1a** shows baseline PET images from approximately 1 to 30 minutes after i.v. bolus injection of ¹¹C-SCH442416, and co-registered and resliced individual MR images in transverse (axial), coronal and sagittal views in 4 subjects (baseline cohort); on the right it shows corresponding TACs for putamen, caudate, thalamus and cerebellum. Radiotracer uptake was highest in the A_{2A} receptor-rich striatum (putamen and caudate) region and lowest in the cerebellum and thalamus (**Fig. 1a**). After administration of the lowest tested dose 10 mg of preladenant (**Fig. 1b**) the difference in ¹¹C-SCH442416 uptake between striatum and cerebellar regions was reduced (partial blockade shown for 10 mg at 12 hours post dose). After administration of the mid and highest doses (50 and 200 mg) of preladenant regional TACs for striatum regions overlapped with the cerebellum during the entire duration of the PET scan demonstrating a full blockade of A_{2A} receptors (**Fig 1c** full blockade shown for 50 mg at 6 hours post dose). A rainbow color map scale has been applied to all PET add images ranging from black (0 kBq /cm³) to red/white (5.3 kBq /cm³).



Figure 1b. An example of PET/MRI scans and TACs in subject who received the lowest dose 10 mg of preladenant and had a partially blocked PET scan at 12 hours post dose.



Figure 1c. An example of PET/MRI scans and TACs in subject who received the mid dose 50 mg of preladenant and had a fully blocked PET scan at 6 hours post dose.

Scan time in min

3.2. Binding potential values and receptor occupancy results

Table 1 summarizes the estimated binding potential (BP) values and receptor occupancies (OCC) in the putamen, caudate, thalamus and the cerebellum under baseline and blocked conditions for all subjects. The average BP estimates of the baseline cohort were 2.47 ± 0.84 for putamen (average \pm standard deviation [SD]), 1.59±0.70 for caudate, and 0.53±0.48 for thalamus.

The average BP and OCC values in all studied brain regions for each individual subject and dosing-time cohort in the blocking studies were calculated and presented in the Table 1. Administration of 200 mg preladenant led to 88-105% A_{2A} receptor occupancy in the striatum by ¹¹C-SCH442416 and on average 61% occupancy in the thalamus 1 hour after dosing (Table 1). By 6 hours after administration of 200 mg, the A_{2A} occupancy remained at a level of 82-93% in the striatum but fell to 43% in the thalamus. The occupancy 12 hours after a 200 mg dose was reduced to 56-58% in the striatum but remained 43% in the thalamus. One cohort was dosed with 50 mg preladenant: the measured occupancies 6 hours post dose were similar (84-91%) to the 200 mg dosed cohort. Two further cohorts were dosed with 10 mg preladenant: the occupancies in the striatum were measured at 75-78% at 1 hour, 47-53% at 6 hours, and 15-19% at 12 hours post dose (Table 1).

3.3. Pharmacokinetic results

Because of the small number of subjects (n=4, 2, and 7 for the 10, 50, and 200 mg dose-groups, respectively), only descriptive statistics of the pharmacokinetic parameters were reported. For the parent drug, the mean Cmax values following 10, 50, and 200 mg doses were 111, 434, and 890 ng/mL, respectively, and the mean AUC(tf) values were 275, 1401, and 2597 ng·hr/mL, respectively (Table 2). The Cmax vs dose and AUC (tf) vs dose relationships for the preladenant showed that the increase in Cmax and AUC was less than dose-proportional at the 200 mg dose. The inter-subject variability in plasma preladenant concentrations was high, as reflected in the large coefficient of variation (CV) values reported across the time points. Consequently, the CV values for Cmax and AUC (tf) ranged from 43% to 55% and 46% to 65%, respectively.

Dose		Cmax			Tmax			AUC(tf)		AUC(I)			t½		
Dose		(ng/mL	.)		(hr)		(ng·h/mL)		(ng·h/mL)			(hr)			
(mg)	n	Mean	CV	n	Mean	CV	n	Mean	CV	n	Mean	CV	n	Mean	CV
10	4	111	55	4	1.38	55	4	275	46	3	340	26	3	2.14	8
50	2	434	NR	2	1.00	NR	2	1401	NR	1	2062	NR	1	3.69	NR
200	7	890	43	7	1.07	57	7	2597	65	5	2868	68	5	4.56	26
Note: NR	Note: NR = Not reported														

Table 2. Mean Pharmacokinetic Parameters of Preladenant Following Oral Administration of Single 10, 50, or 200 mg Doses.

3.4. Pharmacokinetic/pharmacodynamic results

Plasma preladenant concentrations obtained at the start of the 90-minute PET scan and the corresponding receptor occupancy values are presented in **Table 1** along with the Emax model-predicted data, which are shown in the **Figure 2**. A good fit of the Emax predicted to the observed data was demonstrated by an r-value of 0.84 and the distribution of the residuals (observed minus predicted values) around the line of identity. No systematic deviations were observed in the residuals.



Figure 2. Relationship between A2a Receptor Occupancy in the Putamen Region of the Brain and Plasma Preladenant Concentrations (n=12). PET scan for one subject was canceled, tracer was below specifications, and thus only 12 subjects were included.

Receptor occupancy increased rapidly as plasma concentrations increased, and attained a maximum occupancy at around 50 ng/mL. This maximum was maintained over a wide range of plasma concentrations (> 600 ng/mL). The model-predicted parameter estimates were as follows:

Emax = 85% (CV=7%), EC₅₀ = 6 ng/mL (CV=47%), EC₈₀ = 25 ng/mL and EC_{optimal} (EC_{opt}) = 50 ng/mL.

The CV for EC_{50} was large (47%) owing to the steep slope of the ascending portion of the receptor occupancy-plasma concentration curve and the sparse data in this portion of the curve. EC_{opt} was estimated in model-independent manner. However, the plasma concentration representing EC_{opt} also represented 90% of the model predicted Emax, thus providing a good validation of model-based predictions.

The PK-PD relationship was used to assist the selection of clinical doses for the Phase 2 studies (**Figure 2**). The time durations following the 50 mg dose for \geq 50%, \geq 80%, and \geq 90% receptor occupancy were estimated to be 10, 5, and 4 hours, respectively, in approximately 90% of the population, and 24, 6, and 5 hours, respectively, in approximately 75% of the population (**Figure 3**).



ISSN: 2057-3782 (Online) http://dx.doi.org/10.17229/jdit.2014-0712-002

Figure 3. Mean pooled plasma preladenant concentrations following administration of a single 50 mg oral dose of preladenant (n=17). Top figure shows upper 90% (10th percentile to maximum), and the bottom figure shows upper 75% (25th percentile to maximum) ranges at 1, 4, 5, 6, 8, 10, and 24 hours. Plasma concentration data were pooled from five completed Phase 1 PK studies. Threshold plasma concentrations representing EC_{50} , EC_{80} , and EC_{opt} are overlaid to illustrate how durations of receptor occupancy were determined.

The time durations were thus estimated for single doses of preladenant ranging from 5 to 100 mg (**Table 3**). Following a single 5 mg dose, receptor occupancy of \geq 80% for approximately 2 hours is expected to be attained in approximately 75% of the population and receptor occupancy of \geq 50% for approximately 6 hours in approximately 75% of the population. In contrast, a single 100 mg dose is expected to provide \geq 90% receptor occupancy for approximately 4 hours in approximately 90% of the population, and for about 6 hours in approximately 75% of the population as illustrated in **Table 4** and **Figure 4**.

	Dose	Start Time for PET Scan Post Dose	Plasma Concentration	Rec	ceptor Occupancy	r (%)
				Left	Right	
Cohort	(mg)	(hr)	(ng/mL)	Putamen	Putamen	Mean
2	200	12	16.3	57.0	47.0	52.0
2	200	12	22.9	57.0	62.0	59.5
3	200	1	356	94.0	89.0	91.5
3	200	1	653	84.0	84.0	84.0
4	200	6	50.8	91.0	83.0	87.0
4	200	6	347	72.0	80.0	76.0
5	50	6	114	86.0	91.0	88.5
5	50	6	26.2	78.0	79.0	78.5
6	10	6	3.82	51.0	66.0	58.5
6	10	6	24.8	54.0	40.0	47.0
7	10	1	45.3	77.0	73.0	75.0
7	10	12	1.40	18.0	20.0	19.0

Table 3. Individual Subject Plasma Preladenant Plasma Concentrations and Receptor Occupancy

 Values for the Putamen Region of Interest

Dose	n ^a	≥90% Receptor Occupancy ^b	≥80% Receptor Occupancy ^c	≥50% Receptor Occupancy ^d
(mg)		(hr)	(hr)	(hr)
		Time Durations for ≅90	0% of Population	
5	6	0	1	5
25	51	1	3	5
50	17	4	5	10
100	15	4	6	$12^{\rm e}$
		Time Durations for ≅75	5% of Population	
5	6	0	2	6
25	51	3	4	8
50	17	5	6	24
100	15	6	8	>24

Note: a: For each dose, plasma concentration data were pooled from the 5 completed Phase 1 studies of preladenant.

b: Time duration over which plasma concentrations remain \geq 50 ng/mL.

c: Time duration over which plasma concentrations remain \geq 25 ng/mL.

d: Time duration over which plasma concentrations remain ≥ 6 ng/mL.

e: Following 100 mg dose, 87% of population is estimated to exhibit \geq 50% receptor occupancy up to 24 hours postdose.

Table 4. Predicted Time Durations of A_{2A} Receptor Occupancy for the Putamen Following SingleDoses of Preladenant Based on Population PK Data Pooled from Five Completed Phase 1 studies



Figure 4. Mean pooled plasma preladenant concentration-time profiles with upper 75% range following single oral doses of 5, 25, 50, or 100 mg of preladenant. Threshold plasma concentrations representing EC_{50} , EC_{80} , and EC_{opt} are overlaid to illustrate how durations of receptor occupancy were determined.

This procedure was further extended to include the multiple dose scenarios, using simulations by superposition of the pooled plasma profiles following different doses and dosing regimens of preladenant (**Table 5**, and **Figure 4** and **Figure 5**). The predictions indicated that the duration of receptor occupancy increased with the dose and dosing frequency. Although a 5 mg dose reached $\geq 80\%$ receptor occupancy following BID administration, the duration of occupancy was short and was predicted to increase to a total of 8 hours per day with QID administration in approximately 75% of the population. Results of this study also suggest that longer duration of $\geq 50\%$ receptor occupancy following 5 mg BID administration can be achieved in approximately 75% of the population for 12 hours/day, which represents 67% (12/18 hours) of waking time. Conversely, a 50 mg BID administration was predicted to provide $\geq 80\%$ receptor occupancy for about 18 hours per day in approximately 75% of the population. Assuming that 80% or higher receptor occupancy would be clinically desirable, a 50 mg dose administered twice daily, 8 hours apart, appeared to meet this criterion during the waking hours in the majority ($\geq 75\%$) of the population. Moreover, a 50 mg QID administration was predicted to provide $\geq 90\%$ receptor occupancy over a 24-hour period in approximately 75% of the population.

	5 mg	Dose	25 mg	Dose	50 mg Dose				
Dosing Regimen	≥90% Receptor Occupancy	≥80% Receptor Occupancy	≥90% Receptor Occupancy	≥80% Receptor Occupancy	≥90% Receptor Occupancy	≥80% Receptor Occupancy			
	(hr)	(hr)	(hr)	(hr)	(hr)	(hr)			
Predictions for ≅90% of Population ^a									
Two Times a Day	0	4	2	5	7	10			
Three Times a Day	0	6	3	8	11	17			
Four Times a Day	0	8	4	11	16	23			
		Predictions for	≅75% of Popu	lation ^a					
Two Times a Day	0	4	5	7	9	18			
Three Times a Day	0	6	7	11	16	24			
Four Times a Day	1	8	10	14	24	24			

Note: a: Pooled from five completed Phase 1 PK studies of preladenant.

Table 5. Predicted durations (hr/day) for A_{2A} receptor occupancy for the putamen following various regimens of 5 mg, 25 mg, and 50 mg doses of preladenant based on population PK data pooled from five completed Phase 1 studies.



Figure 5. Simulated mean steady state plasma preladenant concentrations following BID single dose administration of 5, 25 or 50 mg doses of preladenant. Data shown with the upper 75% (25^{th} percentile to maximum) ranges. Threshold plasma concentrations representing EC₅₀, EC₈₀, and EC_{opt} are overlaid to illustrate how durations of receptor occupancy were determined.

3.5. Safety

There were no serious adverse events or deaths, and no subject discontinued this study because of an adverse event (AE). Six out of 18 (33%) subjects reported at least one treatment-emergent AE: 5 out of 13 (38%) subjects treated with preladenant and 1 out of 5 (20%) subjects who received only ¹¹C-SCH 442416 radiotracer. AEs reported by subjects treated with preladenant included dizziness (reported by 1 subject treated with preladenant 50 mg), headache (reported by 1 subject treated with preladenant 10 mg, and 1 subject treated with 200 mg dose), syncope (reported by 1 subject treated with preladenant 50 mg). Mild dizziness, considered by the investigator to be unrelated to treatment with study drug, was the only AE reported in subjects exposed to ¹¹C-SCH 442416. The majority of AEs were mild in severity. There were no clinically significant changes in vital signs or ECG parameters including QTc and PR intervals. There were no clinically significant abnormalities noted in hematology, blood chemistry, or urinalysis.

3.6. Discussion

PET is commonly viewed as a well-established, promising and highly sensitive technology in CNS drug development, which provides important information related to target engagement (proof-of-target), mechanism of action (proof-of-mechanism), biological effect (proof-of-biology), pharmacological effect (proof-of-pharmacology), required level of receptor block/occupancy (proof-of-occupancy), and aids the Pharmaceutical industry for go/no-go decision-making and rationalizing dose-range selection for Phase 2b and 3 clinical trials. Quantitative in vivo imaging of A_{2A} receptors in the human brain using ¹¹C-SCH442416 PET has been recently described [21].

The current study was designed to investigate the A_{2A} dose-receptor occupancy profile of preladenant in the human brain and to determine plasma concentrations and dose of preladenant that result in inhibition of ¹¹C-SCH 442416 binding at 1, 6 or 12 hours after single oral administration of 10, 50 and 200 mg. The BPs of ¹¹C-SCH 442416 in the putamen, caudate, and thalamus at baseline, and after blockade with the selective A_{2A} receptor antagonist preladenant were determined. The BP is a measurement of the specific radiotracer ¹¹C-SCH 442416 volume of distribution and reflects the ratio of the density of available receptors and their affinity for the radiotracer. Before administration of preladenant the study drug will occupy many of the available receptors, so there will be a decreased capacity of receptors for radiotracer binding and the BP will be lower. BP is calculated as the ratio of bound to free radiotracer at equilibrium. The calculation of the BP requires an estimate of non-specific region binding, typically obtained from a separate reference region with no specific binding – in this case the cerebellum - assumed to be representative.

The blocking of ¹¹C-SCH442416 binding following administration of preladenant was investigated in three target ROIs namely putamen, caudate and thalamus with primary emphasis on the putamen in exploratory model-predicted analyses. The cerebellum was used to estimate non-specific binding since it has been reported that there is little specific A_{2A} binding and the lowest radiotracer uptake is found in this region possibly reflecting a low density of A_{2A} receptors [32,33]. The BP values

were consistently higher in the striatum when compared to the thalamus and cerebellum with a small intersubject variability consistent with the findings of Mishina *et al.* [32] and Naganawa *et al.* [33] who reported the highest radioactivity concentrations in the striatum in the human brain using the A_{2A} marker ¹¹C-TMSX PET. The observed BP values were also consistent with those reported *in vivo* in animal studies [20] and postmortem human brain distribution studies of A_{2A} receptors using whole hemisphere autoradiography and ³H-CGS 21680 [34].

Negative BP values were observed in the caudate region for the blocked PET images for those subjects who received the highest dose (50 and 200 mg) after shortest time (1 and 6 hrs) post treatment. From the time activity curves for these subjects it is clear that the fully blocked caudate region shows a lower uptake over the course of the PET scan than the cerebellum for 50-200 mg at 1-6 hours post dose. The presence of negative BP values in fully blocked scans is most likely a consequence of the underestimation of the activity in the head of caudate due to its proximity to the ventricle and the limited spatial resolution of PET (partial volume effect). It may also reflect the fact that the cerebellum is not a true reference region for the non-specific tracer binding, overestimating its contribution. Their presence could also reflect the fact that baseline scans were obtained from different subjects to those with blocked scans due to local limits for allowable radiation exposure in the first-in-man evaluation of the novel radiotracer. Finally, while spectral analysis separates three frequency components of the tissue response function model in unblocked subjects, the tracer kinetics are changed in the blocked situation.

Negative BPs are not uncommon and have been reported in other full blocking studies with other tracers [35,36]. A blockade of >80% was reached with 50-200 mg dose of preladenant either at 1 hour and continued up to 6 hours post dose. As the blocking dose of preladenant is decreased the BP values increased as more of the receptors became available to bind the radiotracer. ¹¹C-SCH442416 uptake was highest in striatal regions and their blocked BPs increased as the dose of preladenant was decreased. We found that the A_{2A} receptor occupancy decreased from a full blockade at 1-6 hours to 56-58% at 12 hours after 200 mg, and demonstrated dose- and time-dependent decreases as the dose was decreased to 10 mg preladenant and time increased from 1 to 6 or 12 hours respectively.

The mean exposure to preladenant increased as the dose increased for all dose groups. Variability in exposure was relatively high. Preladenant was rapidly absorbed following oral administration with the mean Tmax occurring between 1.0 to 1.38 hours post dose. The terminal elimination half-life was between 2.14 and 4.56 hours. The PK data presented suggest that the human PK is predictable in the dose range studied and when combined with PET receptor occupancy data can be used as a valuable tool to determine the plasma concentration/receptor occupancy relationship.

In this study we established the relationship between A_{2A} receptor occupancy (pharmacodynamic [PD] parameter) and plasma concentration (PK parameter) of preladenant, and the dose of preladenant. This PK-PD relationship was described by an Emax mixed effect model, which allowed us to estimate predicted preladenant plasma concentrations corresponding to different levels of theoretical receptor occupancy at various times post dose. The PK-PD model makes the simplifying assumption that any metabolites of preladenant contribute minimally to A_{2A} receptor occupancy (there is no evidence that metabolites cross the blood brain barrier in humans and show central activity in pharmacological models) and there is a rapid equilibrium between plasma concentration and receptor

binding (i.e., on and off-rates) in the brain. The theoretical predictions from this model provide an attractive decision-making approach for providing information on the appropriate dose range for Phase 2 and 3 studies. When combined with available safety data, an overall profile regarding PK, safety and activity (based upon receptor occupancy) can be made providing information on the potential therapeutic dose range.

To date, there have been no receptor occupancy PET results available for preladenant using the A_{2A} specific radiotracer ¹¹C-SCH442416. Blocking studies with experimental adenosine A2A antagonists KF15372 and ZM 241385 failed to demonstrate an inhibition of A_{2A} radiotracer ¹¹C-KW-6002 in rats [37]. A_{2A} occupancy by ASP5854 (0.001–0.1 mg/kg) was examined in the striatum using ¹¹C-SCH442416 PET in conscious rhesus monkeys [20]. After administration of ASP5854 the maximum receptor occupancy was estimated to be 85-90% [20]. One study using ¹¹C-SCH442416 PET and a non-xanthine, selective A_{2A} receptor antagonist in development, vipadenant (previously known as BIIB014) has been reported [38]. In this study the estimated receptor occupancy of vipadenant in the brain regions of interest varied from 74% to 94% at the lowest daily dose (2.5 mg) and reached saturation in all regions at 100 mg. A similar range for the maximum receptor occupancy was demonstrated in this first human dose-occupancy study.

Based on PK-PD modeling we used prior knowledge from five completed Phase 1 PK studies with estimated plasma concentration vs. time relationships to predict duration of A_{2A} receptor occupancy following single dose administration theoretical scenarios which can enable us to characterize a time-on-target and duration of receptor occupancy. Projections for predicted receptor occupancy over the 5 to 100 mg dose range over 24 hours were generated to better understand single dose predicted occupancy-time profiles for all studied dose levels of preladenant. These projections indicate that following a single 5 mg dose, receptor occupancy of $\geq 80\%$ for approximately 2 hours and of $\geq 50\%$ for approximately 6 hours are expected to be attained in approximately 75% of the population. In contrast, a single 100 mg dose is expected to provide $\geq 90\%$ receptor occupancy for approximately 4 hours in approximately 90% of the population, and for about 6 hours in approximately 75% of the population.

This approach was further extended to include the multiple dose scenarios, using simulations by superposition of the pooled plasma profiles following different doses and dosing regimens of preladenant. The predictions indicated that the duration of receptor occupancy increased with the dose and dosing frequency. Although a 5 mg dose reached $\geq 80\%$ receptor occupancy following BID administration, the duration of occupancy was short and was predicted to increase to a total of 8 hours per day with QID administration in approximately 75% of the population. Results of this study also suggest that longer duration of $\geq 50\%$ receptor occupancy following 5 mg BID administration can be achieved in approximately 75% of the population for 12 hours/day, which represents 67% (12 out of 18 hours) of waking time. These exploratory analyses were based on the relationship between plasma preladenant concentrations and receptor occupancy in healthy subjects. In the target population (Parkinson's disease patients), the predicted receptor occupancy and duration may vary due to the inter-patient variability in PK and PD.

Based upon the established PK-PD relationship developed in this study it is quite probable that the A_{2A} receptor occupancy can be maintained in a the majority of the subject population for the

majority of the waking hours with preladenant doses around 5 mg BID and above. This additional analysis was helpful in estimating a lower dose (e.g., 5 mg) as a possible target for the minimal therapeutic effect in a real clinical trial scenario with a multiple dosing paradigm. Preliminary efficacy data in patients with moderate-to-severe Parkinson's disease indicate that preladenant at doses of 5 and 10 mg BID significantly reduces off-time, which demonstrate a high accuracy of PET imaging biomarker approach to predict clinical efficacy. Thus, it was an effective demonstration of how such theoretical projections and associated dose-selection decisions can be made using pooled population Phase 1 PK data and actual PK-PD estimates from a single dose PET study. This obviated the need for conducting more extensive multiple dose PET studies and suggests that critical decision-making on clinical dose selection can be taken at an earlier stage.

This is the first study in which the relationship between preladenant plasma concentration and brain receptor occupancy has been determined using the A_{2A} specific and selective radiotracer ¹¹C-SCH442416. This study demonstrates the basic principles for determining proof-of-occupancy and proof-of-mechanism for a novel CNS target using characterization of PK-PD relationships, which enables Pharmaceutical companies to accelerate Go/No-Go decision-making in earlier clinical research and development.

4. Conclusions

The quantifiability of A_{2A} receptor availability in the striatum and thalamus has been demonstrated in the ¹¹C SCH 442416 PET study [21]. A single oral dose of 50-200 mg preladenant achieved full A_{2A} receptor blockade in the striatum. The receptor occupancy decreased in a dose and concentration-related manner from full blockade at 1-6 hours to 56-58% at 12 hours after 200 mg administration, and demonstrated dose- and time-dependent decreases as the dose was decreased to 10 mg preladenant and time increased from 1 to 6 or 12 hours respectively.

The plasma preladenant concentrations showed relationship with the A_{2A} receptor occupancy, and this relationship was described by an Emax model. The Emax model-predicted plasma concentrations corresponding to 50%, 80%, and 90% specific receptor occupancy were 6 ng/mL, 25 ng/mL, and 50 ng/mL, respectively. Doses in the range of 5 to 100 mg were predicted to result in \geq 80% receptor occupancy. Following a single 5 mg dose, the duration of occupancy was predicted to be short and increased with the dose and dosing frequency. A 50 mg dose, administered BID 8 hours apart, was estimated to result in \geq 80% receptor occupancy in approximately 75% of the population for the entire duration of waking hours (18 hours/day). A 5 mg dose, administered BID, 8 hours apart, was estimated to provide \geq 50% receptor occupancy in approximately 75% of the population for the majority of waking hours (12 hours/day).

Single doses of preladenant between 10 to 200 mg were well-tolerated. The Cmax and AUC values of preladenant increased in a dose-related manner. In this study we demonstrated the importance of PET imaging for establishing PK-PD relationships and utilizing this tool in confirming proof-of-target and dose guidance for Phase 2/3 clinical trials. This imaging technology is in line with the Critical Path

Initiative - FDA's national strategy for transforming the way FDA-regulated products are developed, evaluated, manufactured, and used.

Conflicts of Interest

ID Grachev: Full-time employee of Schering-Plough Research Institute at the time of the study conduct and does not hold any stocks or shares, or have other financial competing interests. DJ Brooks: Part-time employee of GE Healthcare at the time of the study conduct.

Acknowledgements

We gratefully acknowledge the staff of the Hammersmith PET Center, London, UK for successfully completing the PET scans; Imaging Research Solutions, Ltd (IRSL), Hammersmith Hospital, London, UK for the determination of specific binding potentials in the ROI, and the onsite manufacturing of 11C-SCH 442416; PPD Development, Richmond, Virginia, USA for assaying all plasma samples for preladenant, using an LC MS/MS assay; Hammersmith Medicines Research, Central Middlesex Hospital, London, UK for successful management of subjects enrollment, performing all required study procedures and safety monitoring. We particularly thank Safiye Osman for help with the development of the blood metabolite analysis method, Prof. Vincent J. Cunningham for help with the imaging data analysis, and Amol Tendolkar for help with PK-PD modeling. Drs. David Cutler, John Hunter and Steve Warrington receive our thanks for helpful discussions on the manuscript. This study was supported by Schering-Plough Research Institute, Kenilworth, NJ, USA.

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Citation: Grachev ID, Doder M, Brooks DJ, Hinz R. An *in vivo* Positron Emission Tomography Study of Adenosine 2A Receptor Occupancy by Preladenant using ¹¹C-SCH442416 in Healthy Subjects. *Journal of Diagnostic Imaging in Therapy* 2014; 1(1): 20-48. http://dx.doi.org/10.17229/jdit.2014-0712-002

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Received: 1 July 2014 | Revised: 8 July 2014 | Accepted: 9 July 2014

Published Online 12 July 2014 (http://www.openmedscience.com)